Alternatives to Nursing Home Care

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<tr>
<th>Program</th>
<th>Basic Eligibility Criteria (Contact Individual Programs for Specifics)</th>
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| Consumer Directed Personal Assistance Program (CDPAP) | The Consumer Directed Personal Assistance Program (CDPAP) is a statewide Medicaid program that provides services to individuals who have a medical need for help with activities of daily living (ADLs) or skilled nursing services. Recipients have flexibility and freedom in choosing their caregivers. State regulations prohibit a spouse or parent from being hired as the CDPAP aide but allow some extended family members such as an adult child, son/daughter-in-law or niece/nephew.  
• Adults age 18 and older with a chronic illness or diagnosis  
• Eligible for nursing home level of care  
• Eligible for Medicaid coverage  
• Physician Order for Services to the local social services district, which then completes a social and nursing assessment  
• Capable of safely residing in the community | All Metro Home Care  
1350 University Ave, STE. C  
Rochester, NY 14607  
(585) 381-6240  
www.all-metro.com |
|                                        |                                                                        | Innovative Care  
2775 Buffalo Rd, STE 2  
Rochester, NY 14624  
(585) 235-0560  
www.innovativecareonline.com |
|                                        |                                                                        | Maxim Healthcare Services  
150 State St  
Rochester, NY 14614  
(585) 454-3550  
www.maximhomecare.com |
|                                        |                                                                        | Medical Solutions  
2701 Culver Rd  
Rochester, NY 14622  
585-259-0984  
www.medicalsolutions.biz |
|                                        |                                                                        | NurseCore of Rochester  
1302 Scottsville Rd  
Rochester, NY 14624  
(585) 341-4499  
www.nursecore.com |

The inclusion or exclusion of an entity does not constitute an endorsement nor signify disapproval by Eldersource/ NY Connects. Eldersource/ NY Connects does not assume responsibility for the quality of services provided by any entity deemed eligible for inclusion. Eldersource/ NY Connects staff shall review the inclusion/exclusion policy on a regular basis to ensure the policy meets the needs of Eldersource/ NY Connects I & A system. Eldersource/ NY Connects reserves the right to exclude and/or remove any entity from the Eldersource/ NY Connects I & A system. Eldersource is a service of Lifespan and Catholic Family Center. Last Update: 1/25/13
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| **Long Term Home Health Care Program (LTHHCP)**<br>(Also known as New York Lombardi Program or Nursing Home Without Walls) | The Long Term Home Health Care Program is a coordinated plan of medical, nursing, and rehabilitative care provided at home to persons with disabilities that are medically eligible for placement in a nursing home. This program offers patients an alternative to institutionalization.  
- Adults age 18 and older with a chronic illness or diagnosis  
- Eligible for nursing home level of care  
- Eligible for Medicaid coverage (some services may be covered by Medicare or private insurance plans)  
- Physician approval for Long Term Home Health Care  
- Capable of safely residing in the community | **Unity Health System**<br>(Park Ridge at Home)<br>89 Genesee St<br>Rochester, NY 14611<br>(585) 368-6342<br>www.unityhealth.org |
| **Nursing Home Transition and Diversion Medicaid Waiver Program (NTHD)** | The Nursing Home Transition and Diversion (NHTD) Medicaid Waiver uses Medicaid funding to provide supports and services to assist individuals with disabilities and seniors toward successful inclusion in the community. Waiver participants may come from a nursing facility or other institution (transition), or choose to participate in the waiver to prevent institutionalization (diversion).  
- Adults age 18 and older  
- Eligible for nursing home level of care  
- Eligible for Medicaid coverage for community-based long term care | **Unity Health System**<br>89 Genesee St<br>Rochester NY 14611<br>(585) 368-3562<br>www.unityhealth.org |

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| Program of All-Inclusive Care for the Elderly (PACE) | The Program of All-Inclusive Care for the Elderly (PACE) provides comprehensive long term services and supports to Medicaid and Medicare enrollees. An interdisciplinary team of health professionals provides individuals with coordinated care, including medical care, adult day programs, and care at home. The comprehensive service package enables participants to receive care at home rather than a nursing home.  
  - Adults age 55 and older  
  - Eligible for Medicaid and/or Medicare and/or willing to pay privately  
  - Determined to be in need of nursing home level of care of for at least 120 days  
  - Capable of safely residing in the community with ILS support services  
  - Must live in the service area:  
    14445, 14450, 14604, 14605, 14606, 14607, 14608, 14609, 14610, 14611, 14612, 14613, 14614, 14615, 14616, 14617, 14618, 14619, 14620, 14621, 14622, 14623, 14625, 14626, 14526, 14534, 14580 | Independent Living for Seniors (ILS)  
  (An affiliate of Rochester General Hospital  
  2066 Hudson Ave  
  Rochester NY  
  (585) 922-2800  
  www.independentlivingforseniors.org |
| Traumatic Brain Injury (TBI) Home and Community-Based Services Medicaid Waiver | The Traumatic Brain Injury Waiver is one component of a comprehensive strategy developed by the NYS Department of Health to prevent unnecessary entrances into nursing homes and to help individuals leave nursing homes to live in the community. The waiver provides Medicaid-funded services needed to assist participants to live in the community. Participants may be eligible for rent subsidies and housing supports.  
  - Diagnosis of Traumatic Brain Injury, or related diagnosis  
  - Adults age 18-64 years of age  
  - Be a Medicaid recipient  
  - Eligible for nursing home level of care | Unity Health System  
  89 Genesee St  
  Rochester NY  
  (585) 368-3356  
  www.unityhealth.org |