



## Home Support Services

Name	Payment	Service	Telephone
Affordable In-Home Care Connie Albert, CNA	Fee	Companion Care, Personal Care services	260-4969 924-5782
Assisting Angels Senior Care	fee	Professional Non Medical In Home Care (Covers Monroe, Livingston, Eastern Genesee and Western Wayne, Northern Ontario Counties)	329-4476
All Metro Health Care	Fee	Housekeeping, companion, personal care, nursing, live-ins	381-6240
A Place for Mom	Free	Nationwide referral service for families in search of senior housing.	866-333-4604
Bridges Home Health	Fee	Housekeeping, meal prep, medication reminders, grocery shopping, transportation (Primarily Pittsford, Mendon – Also Covers Monroe, Livingston, Chemung, Wayne, Ontario, Yates Counties).	624-4550
Caregivers	Fee	Personal care, companion, housekeeping, nursing, respite (Covers Ontario, Monroe, Livingston, Wayne, Yates Counties).	394-6090
Caring Heart Companions	Fee	Non-Medical: meal prep, light housekeeping laundry. 24/7 availability	West 227-5527 East 802-2452
CCOR (Companion Care of Rochester)	Fee	Nurses, home health aides, personal care, companion care, housekeeping/laundry, meal preparation, chore/errands, medication reminders, transportation (Covers Monroe, Ontario, Yates, Genesee Counties)	546-1615
Comfort Keepers	Fee	Chore, companionship, meals, grocery shopping, transportation, respite care and many other services.	249-0100/ East 663-5730 / West
EISEP (Expanded In-Home Services for the Elderly)	Income based, sliding scale	Personal care, light housekeeping, meal prep. Non-medical. {Monroe County only}	262-7060
Happier at Home	Fee	Companion, light housekeeping, transportation, medication reminders, meal preparation. Owned and operated by registered nurses	248-5021
Home Care Plus: A Service of Lifetime Care, Inc.	Fee	Companions, personal care, housekeeping, meal prep, transportation, respite, shopping	214-1200
Home Helpers of Rochester	Fee	Professional in-home care (meal prep, light housekeeping, companionship, etc), Personal Emergency Response systems, Medicine Dispenser, etc.	334-0999



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Home Instead Senior Care	Fee	Serving both Monroe and Wayne Counties—Non medical, companionship, meal prep and planning, light chores and housekeeping, shopping, transportation, social outings.	West 663-4620 East 218-5200 Wayne County 315-538-9639
HCR Home Care (Home Care of Rochester)	Fee	Home health aides, personal care, companion services, housekeeping, laundry, meal preparation, chores, errands, medication reminders and transportation covering Monroe, Genesee and Orleans Counties.	272-1930
Maxim Home Care	Fee	Licensed. Nursing, home health, and companion services.	454-3550
MedStaff, Inc.	Fee	Specialize in interim nurse staffing and providing the right nurse for the job. Also available: aide and companion services.	671-4340
Angels in your Home <i>Affiliate of Hilton East Assisted Living.</i>	Fee	NOTE: Only available to residents of Hilton, NY. Meal prep, personal care, grocery shopping, laundry medication reminders.	392-1118 Ext. 1
Metro Health East Pharmacy	Delivery, medi-set filled free of charge	Pharmacy that delivers; also delivers filled medi-sets, and upon delivery, meets with client to review medication compliance; client responsible for cost of medication	662-5562
Senior Companion Program (Aging Services-Community Place of Greater Rochester)	Donation	Transportation, socialization, shopping, meal preparation, caregiver respite case management	224-2602
Senior Options for Independence (SOFI)	Donation	Advocacy & referrals, care coordination, friendly visiting, housekeeping, yard work, home repairs/safety checks, transportation, assist with personal cares, respite for caregivers, financial/legal counseling, long term planning. For Fairport/Perinton residents only.	377-7830
Services for Seniors	Fee	Housekeeping, meal prep, companionship, respite, transportation	723-8760 or 461-1190



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Signature Care: A subsidiary of VNS	Fee	Companion, personal care, chore, meals	288-7560
Sisters Care	Fee	Companions, housekeeping, and transportation	458-8540
Touching Hearts at Home	Fee	Individualized non-medical home services up to 24 hours/7 days/week, including weekends and holidays. Light housekeeping, laundry/linens, meal planning and preparation, transportation, errands, grocery shopping, accompany to doctor appointments, respite, memory care, companionship and more.	271-7390
Traditions in Caring	Fee	Personal care, housekeeping, companions, respite, chore, nursing	241-9580
Unity Care at Home (Unity Health System)	Fee	Chore, home delivered meals, maintenance, yard-work, hairdressing, laundry, personal care, and companion. Does not provide transportation services	368-3462

### Home Delivered Meals

Name	Payment	Service	Telephone
At Your Service	Fee	“Room-Service” quality meals delivered to your home.	872-7891
Care at Home (Unity Health System)	Fee	Home delivered meals	723-7324
Katherine’s Gourmet Creations	Fee	Home cooked meals for Seniors delivered fresh to your door.	752-7375 or 381-4066
Lorraine’s Food Factory	Fee	Frozen gourmet home delivered meals—free delivery. Online ordering: <a href="http://www.lorrainesfoodfactory.com">www.lorrainesfoodfactory.com</a>	442-6574
Meals on Wheels (VNS)	Fee	Basic home delivered meals.	787-8397
Pat Spinello, Personal Chef	Fee	Meal preparation, delivery and/or cooking in the home.	342-3687
Savory Suppers Personal Chef Service – Kathleen	Fee	Nutritional menu planning, grocery shopping, meal preparation in consumer’s home, packaging of meals and cleanup	727-1243 Email:



## Home Support Services

Name	Payment	Service	Telephone
Krauss			savorysuppers@frontiernet.net

### Specialized Take-Out Meals

Kosher2Go -complete takeout meals	The Summit at Brighton 2000 Summit Circle Dr. <i>(On grounds of The Jewish Home)</i>	Items range from \$2.75 bowls of soup to \$16.95 fish entrees. All chef prepared	<i>Order by 4:00 pm each day</i> <b>Phone # 271-8130</b> Fax # 271-8611
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Last Update: 7/11/11

The inclusion or exclusion of an entity does not constitute an endorsement nor signify disapproval by Eldersource/ NY Connects. Eldersource/ NY Connects does not assume responsibility for the quality of services provided by any entity deemed eligible for inclusion. Eldersource/ NY Connects staff shall review the inclusion/ exclusion policy on a regular basis to ensure the policy meets the needs of Eldersource/ NY Connects I & A system. Eldersource/ NY Connects reserves the right to exclude and/ or remove any entity from the Eldersource/ NY Connects I & A system.

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